



S U S A F A

ACCORDING TO NATURE SINCE 1870





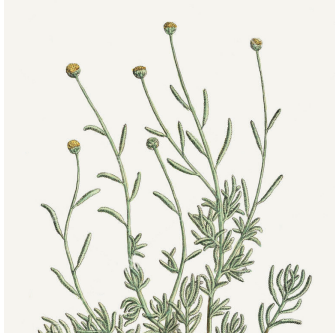
**SALVIA
OFFICINALIS L.**

A herb with health benefits which can also be added to flavor a dish. It can be enjoyed fresh, dried or as a herbal infusion.



**ROSA
CANINA L.**

It has a high vitamin C content. It was often used to fight the flu and, more generally, infections.



SANTOLINA

Its leaves emanate a strong olive scent. They contain many medicinal properties that are stimulating, muscle relaxant, deworming.



TANACETUM

It has a strong camphor aroma. Used as organic pesticide for plant care of the garden and as a natural fly repellent.



**VITIS
VINIFERA L.**

The high content of antioxidants can prevent chronic diseases. Effective for heart health.

OUR GARDEN

S U S A F A



**VARIIS
FRUCTUM**

Different varieties of ancient Sicilian trees like apricot and plum.

OUR GARDEN



**ALLIUM
URSINUM L.**

Known for its antibacterial, antibiotic and antiviral properties.



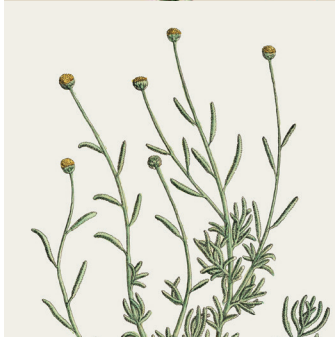
**HELICHRYSUM
ITALICUM**

It has aromatic, antiseptic, antibacterial, sedative and antispasmodic properties.



**SANTUREJA
MONTANA L.**

Contains many properties, including: antispasmodic, flavoring, digestive, purifying, stimulating.



SANTOLINA

The flowers and leaves are made into a decoction used to expel intestinal parasites.

S U S A F A



**CALENDULA
OFFICINALIS L.**

The flowers have digestive properties. Also used in body care products for moisturizing even the most sensitive skin.



**ASPARAGUS
OFFICINALIS L.**

Good diuretic and depurative properties.



**MENTHA
ROMANA**

Good antispasmodic and diuretic properties.



**MENTHA
CITRATA**

Good for making cocktails



**CONSOLIDA
SYMPHYTUM**

Contains many properties, including: decongestant, astringent and analgesic, useful for skin care.

OUR GARDEN

S U S A F A



**MELISSA
OFFICINALIS L.**

Works as a tonic for the nervous system. Dizziness and stress, may be treated with the essential oil of Melissa.

OUR GARDEN



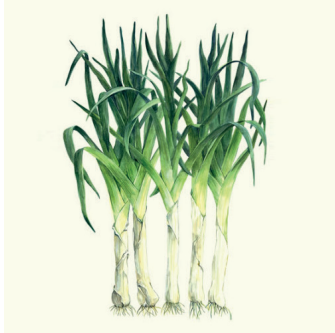
**MENTHA
ACQUATICA**

Good for flavoring fish or making pesto.



SANGUISORBA

Containing hypotensive, anti-inflammatory, antiseptic, and antitoxic, diuretic properties.



**ALLIUM
AMPELOPRASUM L.**

Useful in case of bacterial infections.



**HYPERICUM
PERFORATUM L.**

Its specific properties that help restless and tension were known more than 2000 years ago.

S U S A F A



STEVIA

It has a powerful sweet flavor which is calorie-free and is also used as a substitute for sugar.

OUR GARDEN



**VALERIANA
OFFICINALIS L.**

It has depurative properties for the liver and aids insomnia.



**RUTA
GRAVEOLENS L.**

Strong digestive properties (use not recommended in case of pregnancy). In the Mount Etna area people make a liqueur out of it, called "Donna Ruta".



**ARTEMISIA
ABSINTHIUM L.**

Used to treat various diseases, including: strained digestion, high fever, malaria, intestinal parasites.



RUCOLA

Used for anti-anemesis, revitalizing after fatigue and psychophysical weakness.

S U S A F A